



Public Service Commission of West Virginia



Spring/Summer Energy Saving Tips

- Install adequate insulation in your attic, walls, basement, crawl spaces and floors. Insulate and weather-strip the accesses to your attic, and caulk around windows and doors to seal cracks.
- Wrap insulation around ductwork that runs through basements, garages or crawl spaces. Place foam gaskets behind light switches and outlet covers to prevent air coming in from the wall space.
- Close off unoccupied rooms and shut off air conditioning vents in those rooms.
- Clean air registers and intake vents regularly. Make sure they are not blocked by furniture, carpeting or drapes.
- Close fireplace damper tightly during summer months.
- Close drapes, blinds or shades during the day on windows that receive direct sunlight to retain cooler air in your home.
- Switch to LED light bulbs, which use 75% less energy than incandescent bulbs and produce no heat.
- Set your ceiling fan blades to turn counter clockwise so the air is pushed down toward the floor for more efficient cooling.
- Clean or replace air conditioner filters monthly. Have your cooling systems inspected and, if necessary, adjusted annually.
- If your central air conditioner or appliances are more than 15 years old, consider replacing them with an energy efficient model. They are often branded with the ENERGY STAR* logo.
- Install a programmable thermostat to automatically adjust your home's temperature when you are away or sleeping.
- Use energy saving settings on all electric appliances.
- On sunny days, dry your laundry on a clothes line.
- Wash only full loads of clothes and clean the dryer's lint screen after each use. Put a dry towel in each dryer load to significantly decrease drying time.
- Turn off the heat drying setting on your dishwasher and let dishes air dry.

- Prepare meals that require little to no cooking, and use the microwave, slow cooker, toaster oven or grill to keep the kitchen cooler.
- If you must use the oven, preheat it for the least amount of time possible. Cook several dishes in the oven at the same time.

¹ [ENERGY STAR](#) products are independently certified to save energy without sacrificing features or functionality. Saving energy helps prevent climate change. Look for the ENERGY STAR label to save money on your energy bills and help protect our environment.